



# Lady Boswells School Judo

Provided by CSF Ltd - Associated to Bushido Judo Club

Vic Court 5<sup>th</sup> Dan Blackbelt - BJA Level 3 Coach



**Be Active! Have Fun! Learn Judo! It's Awesome!**

<b>Description</b>  <i>Summer Terms 2025 / 2026</i>	A FUN multi-skills activity that assists a child's fitness and general movement. Judo encourages Core Values. Respect, Discipline, Resilience, Friendship & Fair-play Great for General Wellbeing & improves Agility, Balance, Concentration & Co-ordination Judo provides Physical Recreation, Competitive Sport and is a Great foundation for Close Quarter Self – Defence. Judo is an Olympic Sport, Paralympic Sport and Japanese Martial Art.
<b>When</b>	Mondays: <b>Term 5:</b> Apr: 20. 27. May: 11. 18. <b>Term 6:</b> Jun: 1. 8. 15. 22. 29. Jul: 6.
<b>Where</b>	School Hall (Entry via Main Reception)
<b>Time</b>	8.00 am – 8.45 am
<b>Ages</b>	Children of Years 1 to Year 6
<b>Costs</b>	Five Week Block: £55.00 Ten Week Block: £95.00 (First Child £95.00 Siblings £85.50 each)
<b>Payments</b>	BACS: Acc Name: CSF Ltd Sort Code: 09 01 28 Account No: 36149042 Ref: LBJ (Name of Child) Cash also accepted
<b>Contact Details</b>	<b>CSF Ltd</b> 57 Parsonage Road, Tunbridge Wells, Kent. TN4 8TA Tel: 01892 549950 Mob: 07823 441460 Email: <a href="mailto:victorcourt.csf@gmail.com">victorcourt.csf@gmail.com</a>
<b>Requirements</b>	Long sleeved top – jogging bottoms or Judo Suit
<b>Other Information:</b>	No Jewellery should be worn. Finger and Toenails should be kept short and clean. Long hair should be tied back (No metal or plastic in hair ties) Girls should wear a plain white T-Shirt beneath Judo Jacket. No Collars or buttons.
<b>Grading</b>	<b>British Judo Association membership required – Grading Fees £20.00</b>
<b>Please Note</b>	<b>An Email supplying all requested information is acceptable – Payments BACS or Cash</b> <i>Lady Boswell's pupil's are the responsibility of Judo Club Staff until dismissed to the classroom. DBS checks undertaken by British Judo Association</i> British Judo registered Gradings are £20.00 – BJA Membership must be in place



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Academic Year 2025/2026

**Lady Boswells School Judo**

Summer Terms 5 & 6

Please tick box below

Name: ..... DOB:..... Age: ..... Sch Year: ..... Male  Female

Address: ..... Mobile No: .....

..... Emergency Contact: .....

Medical Information: ..... Email Address: .....

Please use reverse side, if required

Please print clearly

Five Weeks  Ten Weeks  Fee Paid by: Bank Transfer  **Date of Transfer.....** Cash

**I understand that Judo is a physical contact sport and that BJA membership is advised**

Parent / Guardian Name: ..... Parent / Guardian Signature: .....