



## A MESSAGE FROM THE HEADTEACHERS...



The final week of Term 1 has been a busy one. Following on from last week's harvest celebrations, we have continued looking outwards at the amazing humanitarian work undertaken by Samaritan's Purse. We have, however, also taken some time to look inwards and to consider our emotions; do read more later in this Parentmail about our visit from the Fantastic Fred Experience.

With our core value for October continuing to be 'Faith', we invite you to talk to your child about the following Bible passage: *'For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God'* Ephesians 2 verse 8.

We wish you a very happy and safe 'half term' holiday and look forward to seeing the children back in School on the 2nd November.

Sharon Saunders and Lois Davis

Co-Headteachers

## GOLDEN BOOK

In 'normal times', each week on a Friday we celebrate with a whole-school celebration assembly. During that assembly, individual children are awarded Golden Book certificates for their achievements during the previous week. As we are unable to meet as a whole School, this has been taking place in Classrooms. Below are listed those children from Year 1 to 6 who have been presented with certificates so far this term. Our Year R children will join this tradition later in the year.

### LILAC CLASS

Vivien A, Artjoms B, Monty B, Magnus C, Eden C, Cara E, Luke H, Frederick K, Ludo L, Nancy L, Sophie O'G, Amaya V

### WILLOW CLASS

Ruby L, Luca VDB, Lilou P, Phoebe C, Bertie L, Henry C  
Dexter M, Lola B, Bonnie F, Darius G, Ralph C, Skye L

### MAPLE CLASS

Isabella L, Jasmine T, Henry M, Elliot G, Eve W, Joel H, Henry R, Sophie A, Imogen H, Clarissa M, William M, Leo G, Joseph D, Annabella S. Whole Class for amazing behaviour

### MULBERRY CLASS

Emily T, Jack A, Annabelle T, Oscar M, Holly, Henry, Zach, Jack B, Isabella L, Anna M, Fraser S, Beatrice G, Eirllys A. Whole Class for settling in well to Year 2

### COPPER BEECH CLASS

Harry P, Keira S, Christian S, Penelope R, Sienna B, Brinley D-W. Whole Class for fantastic effort.

### SILVER BIRCH CLASS

Lili-Elle, Joe F, Harry, Hannah, Scarlett F, Kiara, James, Henrietta, Marcus, Amelie, Rory. Whole Class for settling in so well

### HOLLY CLASS

Tabitha S-M, Nicholas W, Arthur H-B, Evie B, Milly R, Imogen H, Clemmie S, Isaac F, Charlie B, Alice H-B, Orlando F, Aiden V, Emma P

### SYCAMORE CLASS

Max L, Zoe H, Archie B, Jagger B, Eliza C, Benny M, Annabelle O'G, Noah W, Melba-Summer L, Jenson D, Isla S, Emily W, Lola S.

### HAWTHORN CLASS

Griff A, Max C, Maya H-B, Nyla M, Holly M, Lia M, Rosie M, Isaac P, Samuel S, Hannah T and Cameron T.

### CEDAR CLASS

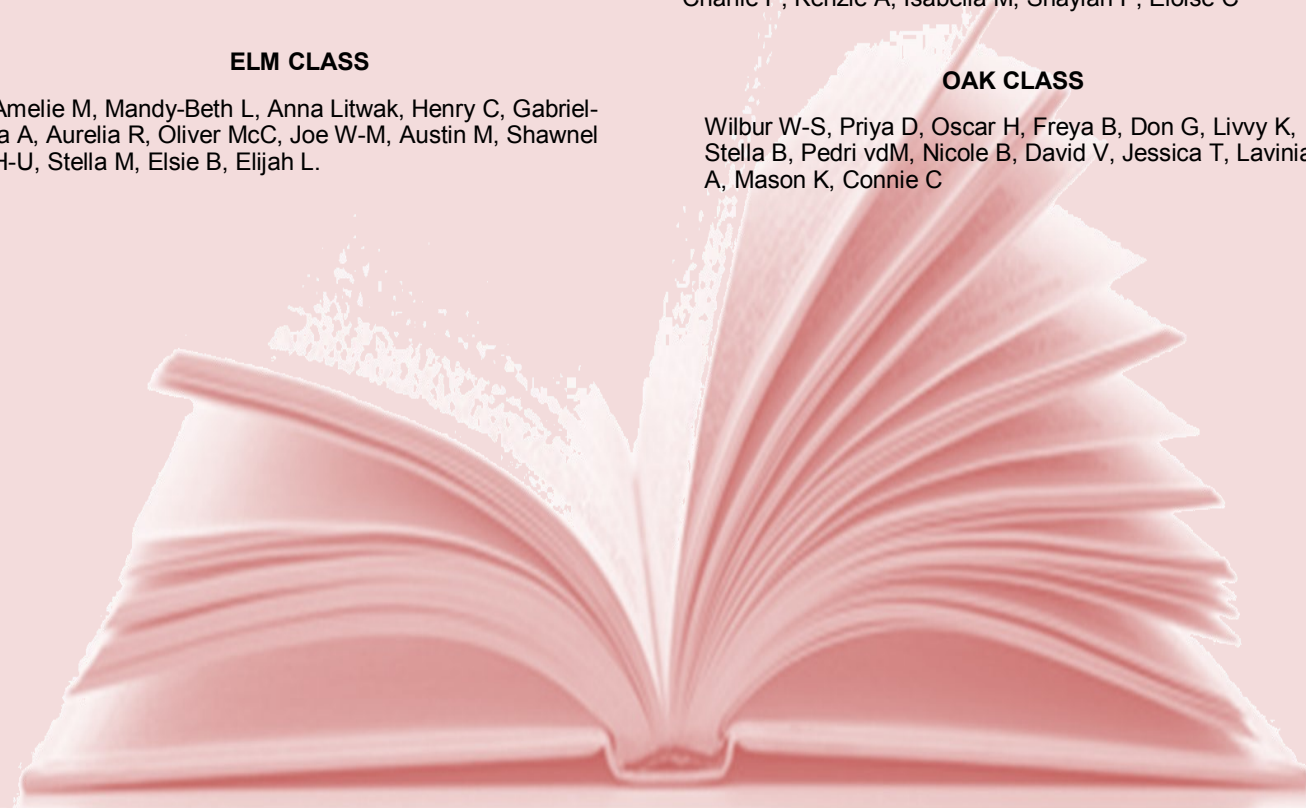
Konstantinos F, Isaac E, Piers N, Aimee H, Sophie B, Charlie P, Kenzie A, Isabella M, Shaylan P, Eloise C

### ELM CLASS

Amelie M, Mandy-Beth L, Anna Litwak, Henry C, Gabriella A, Aurelia R, Oliver McC, Joe W-M, Austin M, Shawnel H-U, Stella M, Elsie B, Elijah L.

### OAK CLASS

Wilbur W-S, Priya D, Oscar H, Freya B, Don G, Livvy K, Stella B, Pedri vdM, Nicole B, David V, Jessica T, Lavinia A, Mason K, Connie C



## LEAVERS AND JOINERS

Last week we were thrilled to welcome a new Year 6 pupil. Welcome Mason K and his family to the Lady Boswell's community.

This week we have sadly said a fond farewell to Annie T from Year 3.

We hope that both of the children will settle in quickly to their new environments.

## K2 HOUSEPOINT WINNERS



Congratulations to our K2 children who were this term's House Point winners.

In recognition, every K2 child is invited to attend School on the first day of Term 2, 2nd November, in their own clothes.

## SAMARITAN'S PURSE

Each year we invite our families to take part in the Samaritan's Purse initiative. This amazing Christian organisation which provides humanitarian aid encourages people to fill a shoe box with essentials, presents and toys, with the boxes being shipped around the world to children living in poverty and need.

This year, we are mindful of the risk of cross-contamination should boxes come in and out of School, and the risk that, should there be a further lock down, that any boxes may be delayed or not reach the recipients they are intended for. As a result, Samaritan's Purse has come up with a wonderful virtual 'Fill a Box' Scheme. This allows children to fill the boxes online and for a donation to be made.

During this week we have been talking to the children in School about the support that this organisation offers to needy children around the world. If you are interested in taking part this year, please visit the link below:

<https://shoebonline.samaritans-purse.org.uk/>

**PLEASE BE REMINDED THAT WE ARE NOT ACCEPTING SHOE BOXES. TO TAKE PART PLEASE JOIN THE VIRTUAL 'FILL A BOX' SCHEME**



## A MESSAGE FROM MRS HARMAN

With a focus on our children's mental health and wellbeing, this term we have devised a bespoke 'Exploring and Understanding Emotions' curriculum. We kicked off the sessions by discussing what an emotion is, and why it is important for us to understand our emotions (i.e. understanding the reason behind your emotion, to help you feel more in control, it means we can ask for help, it helps you to be a better friend).

Each week the whole school took an emotion and explored how it made them feel, what colour they thought of, what image or shape they thought of and what strategies they can use when they feel that emotion. We began by looking at 'anxiety', then followed this with 'anger'. One of the children then requested to explore loneliness, another suggested happiness, and finally another child was keen to discuss jealousy. The children have created 'positive me', thinking about all the things they are good at (linked to loneliness); produced 'My Little Book of Happiness', focusing on things that make them happy at home, at school, people that make them happy, activities that make them happy, and things people say that make them happy (linked to the Happiness emotion). Finally they created a 'gratitude poster' with gratitude prompts such as 'Something in nature I am grateful for is...', 'Something that changes that I am grateful for is...' (linked to jealousy).

These emotions will be revisited during weekly classroom Acts of Worship in Term 2.

On our final day of a busy Term 1, we were lucky enough to be visited by 'Fantastic Fred'. The 'Fantastic Fred' Scheme started in 2019 as part of the Good Mental Health Matters Campaign run by the NHS and Kent. It was launched to:

1. Raise awareness of mental health.
2. Equip children to improve their emotional resilience.

The children thoroughly enjoyed the interactive production the events team put on for us, whilst learning what good mental health was, and the things we should try and do to achieve good mental health:

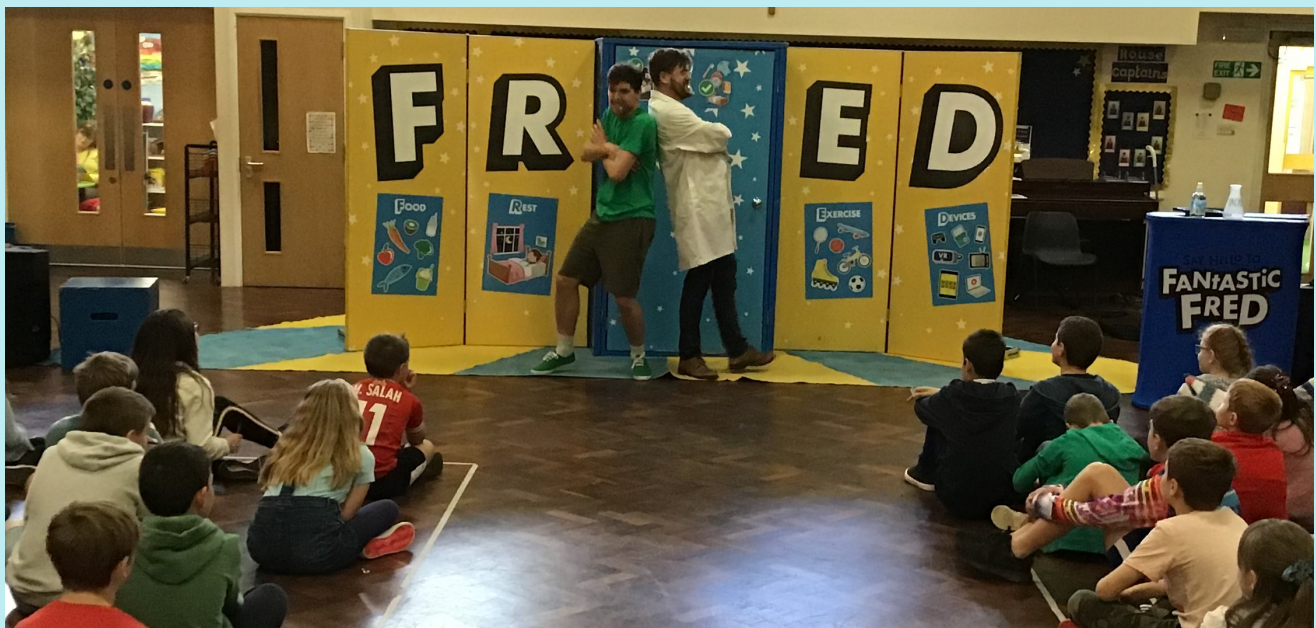
**F Food** – it is important to eat a healthy balanced diet to give us energy and to keep us feeling fuller for longer. The children learnt about making good food choices.

**R Rest** – our brain and body needs to get a good night sleep consistently. In order to do this the children were taught about sleeping in a dark, comfortable room with no devices or snacks before bedtime.

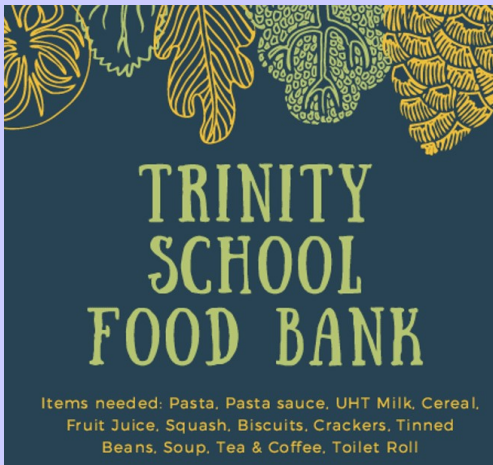
**E Exercise** – football, dancing, running, playing. The children learnt about endorphins and how they make us feel.

**D Devices** – screen time is important, however, our brains do not like lots of screen time and it can make us feel fuzzy. The children were taught about other things they could do instead.

After what has been a wonderful first term back after an incredibly tough time away from school, I wish you and the children a great week together full of happiness (and rest!)



## HARVEST



A heartfelt thank you to everyone that donated 'harvest' during the last few weeks. On Tuesday we loaded all of your donations up to transport to Trinity School. The car was full to the gunnels, with only just enough room for the driver!

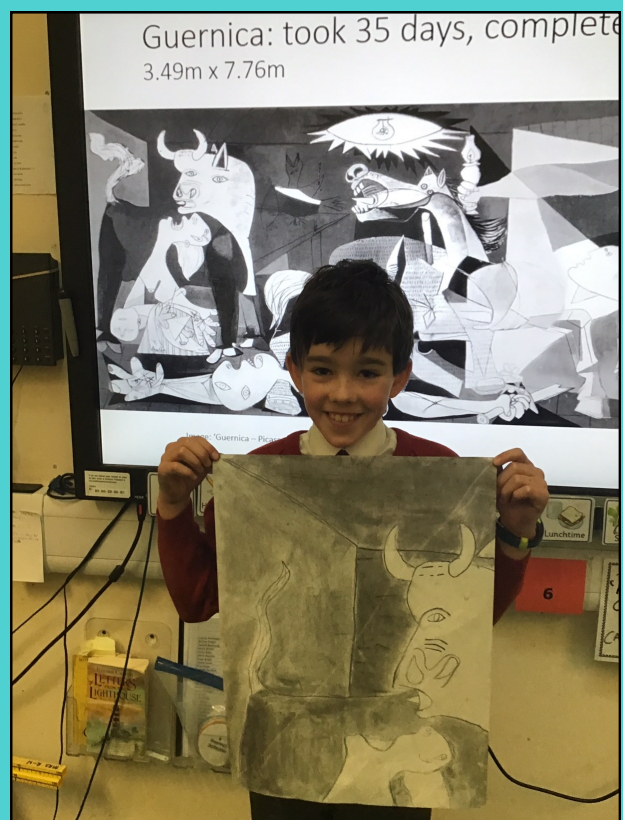
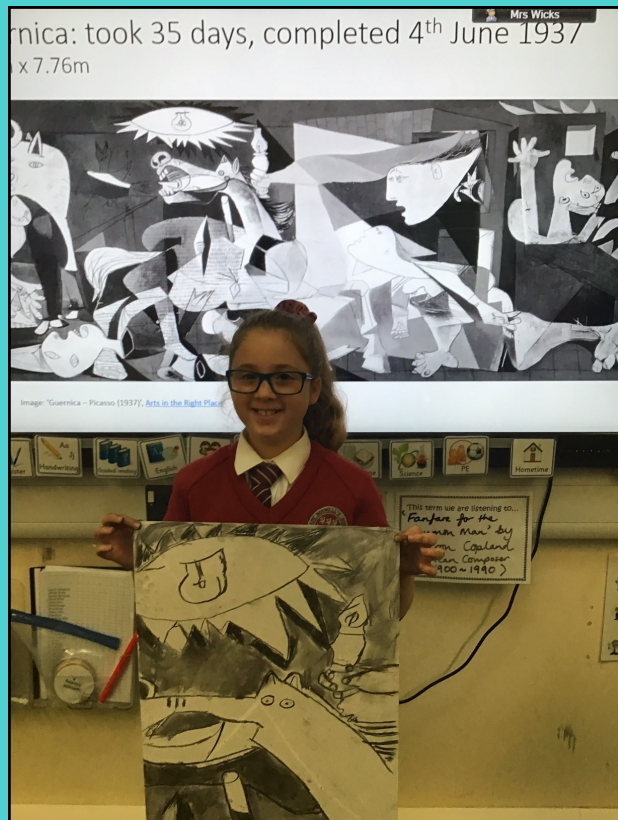
Helen Read, the Assistant Chaplain from Trinity School took delivery and was thrilled with your generosity. Their work continues, so please, if you wish to continue donating, you can do so directly through the Trinity School Food Bank.

## LADY BOSWELL'S VIRTUAL TOUR

This week we have published our Lady Boswell's Virtual School Tour. If you wish to take our tour, please visit the Lady Boswell's website and follow the link below:

<https://www.ladyboswells.kent.sch.uk/admissions/>





## YEAR 6 ART DAY

On Friday of last week, Year 6 had an art day. In the morning they planned a piece inspired by their class book 'Letters from the Lighthouse' choosing to work in either modroc, collage and clay.

In the afternoon they were visited by local artist Andrea Farndon, for a fascinating workshop all about Picasso's Guernica. The children were given a small section each which they had to 'scale up' then shade in using charcoal and chalk. Here you can see some pupils from Oak Class with their sections and the finished versions put back together.





## THE BUDDIES MEET AT LAST

This week our Year 6 children eventually met up with their Year R buddies.

This wasn't the usual effusive and exciting event but a rather a strange socially distanced one! Nevertheless, they have met at last and the Year R children received the prayer cushions (which had been appropriately quarantined) which the Year 6 children had decorated with great love and thought.

We very much hope that at some stage it will be possible for the children to get-together properly and allow their friendships to flourish.





We have for many years been concerned for the safety of our pupils and the wider community when using the busy roads around Sevenoaks. As a result, we have been keen to get behind a local initiative to push for KCC to reduce the speed limit to 20mph in the areas around Sevenoaks station, the town centre, around local primary schools and on the key walking routes to the local secondary schools.

This petition is now up and running and we would ask that you take a look at the proposal being put forward. For details and to sign the petition, please visit the link below:

<https://www.change.org/p/michael-payne-kent-county-council-make-our-streets-safer-and-more-active-all-central-sevenoaks-20mph-zone>

## BLACK HISTORY MONTH

This month, across the UK, people are marking Black History Month. Each Lady Boswell's class has, this week, set aside some time to celebrate the achievements of black men and women across the ages. The children have had an opportunity to discuss the issues raised and we hope that they have achieved a better understanding of diversity.



## PREFECT APPOINTMENTS



We are pleased to announce the appointments of the School Prefects.

Head Prefects are Maisie H and Julian D

Prefects are Esme L, Felix M, Sophia T, Evie W, William A, Stella B, Connie C, Priya D, Estelle E, Aida M and Paul S.



### **Christmas Card Orders – Closed!**

The deadline for ordering has now passed.

Thank you to everyone who has ordered Christmas cards/gifts this year. We've had a record take up this year and look set to raise £800 from this initiative which is a really fantastic result! The finished products should be with us in November and we'll arrange to get them all to you safely and swiftly!

### **Own Clothes Day – Thursday 22<sup>nd</sup> October**

It was lovely seeing all the children arriving at school on Thursday morning and some had really risen to the challenge of wearing rainbow colours!

We are still counting the coins and will let you know the total raised after half term but given that many of you donated more than the £1 suggested, we are expecting a great result.

Thank you so much for all your support!

### **Virtual Magic Show – Thursday 12<sup>th</sup> November 6pm**

There are a few remaining tickets for sale on the PTA website, but sales will close shortly so if you are keen to watch the show, please do book now.

The cost is £12 per ticket, and this will allow your whole family to watch the 40 minute show – all you will need is an internet connection and a screen!

## DIARY DATES

All diary dates can also be found on the Lady Boswell's website under Parents>Calendar.

TERM 2—DIARY DATES	
2/11/2020	First day of Term 2
2/11/2020	K2 invited to wear own clothes in recognition of being House Point winners for Term 1
4/11/2020	Open Morning for prospective parents—unable to go ahead. More information available on our website under Admissions
5/11/2020	Primary School Admissions system opens. See poster in Newsletter 4
12/11/2020	6pm PTA Pete Heat Magic Show—please see PTA Section of this Newsletter for more information
13/11/2020	Flu Immunisation—more information to follow
20/11/2020	Inset Day and Parent Consultation Meetings—more information to follow
1/12/2020	Open Classroom—no longer able to take place
8/ and 9/12/2020	EYFS and KS1 Nativity performance—no longer able to take place
15/12/2020	School Christmas Lunch
16/12/2020	KS2 Carol Service at St. Nicholas Church —no longer able to take place
18/12/2020	Last day of Term 2

TERM 3—DIARY DATES	
4/1/2021	First day of Term 3
12/1/2021	Open Classroom—to be confirmed
15/1/2021	Primary Admissions Application system closes
25/1/2021	School Book Week
12/2/2021	Lent Service led by Year 5—to be confirmed
12/2/2021	Last day of Term 3

